



**CANADIAN 20
NATIONALS
CHAMPIONSHIPS 23**
World Karate and Kickboxing Union

May 5th - 7th



Underbelt open Tournament -
Qualifier for the 2023 **WKU** World Championships (October 16th - 22nd) Calgary, AB
Information at info@5elementscalgary.com - 1(403) 201-8825



Alberta



5 ELEMENTS
MARTIAL ARTS

WELCOME

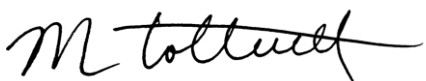
Greetings!

The World Kickboxing and Karate Union Canada (WKU) welcomes you to the Canadian National Championships. This competition is the launch pad to prepare Canadian athletes and the city of Calgary for hosting of the WKU World Championships in October 2023. The Canadian National Championships will also be hosting the Canada Open Championships where upcoming athletes, ages 3 to adult, can compete as colour belts alongside the qualifying divisions. For the WKU World Championships, Calgary will be host to up to 70 countries from across the world. This will build on Alberta's reputation as a prime destination to host national and international cultural and sporting events.

The National Championships are expected to host 400-500 athletes who will compete in a large-scale elite competition. While these types of opportunities have typically been limited especially for women and children, the Canadian National Championships presents an opportunity to allow for more safety and equality not only in competition but also within the organization. As an example, more divisions have been added specifically for women. Hosting the National Championships will create a sense of pride for martial arts athletes and bring thousands of visitors to Calgary, creating a large public benefit to our local economy.

With immense pride and respect, we acknowledge the traditional territories of the peoples of the Treaty 7 region in Southern Alberta, which includes the Blackfoot First Nation tribes of Siksika, the Piikuni, the Kainai; the Stoney Nakoda First Nation tribes of Chiniki, Bearspaw, and Wesley; and the Tsuut'ina First Nation on who's lands we compete.

It is with great pleasure that we welcome all athletes, sponsors, friends and families to this premiere event!



Maeghen Cotterill
WKU Canada President/ Head Coach



ABOUT WKU

WKU World Kickboxing and Karate Union Canada (WKU) is a martial arts, fitness and physical literacy organization that supports skills development and knowledge transfer of marital arts. WKU hosts events, workshops, and seminars. It also provides scholarships, learning tools, training, and classes in communities across our country. These may include local, national, and international opportunities. Our organization has over 4,000 members including coaches, referees and regional representatives across the country. Our membership is also growing at a significant rate.

WKU is committed to increasing access, awareness and opportunities for a diverse range of students to participate in martial arts. We offer scholarships, programming, events, and classes to anyone interested in growing their skills and ensure those with special needs, mental health challenges, or those from marginalized communities are also given the opportunity to participate in this sport. WKU is also responsible for organizing and hosting the annual Canadian National Championships, a qualifier for the WKU World Championships.

For more information, please visit WKU Canada at <https://wkucanada.ca/>

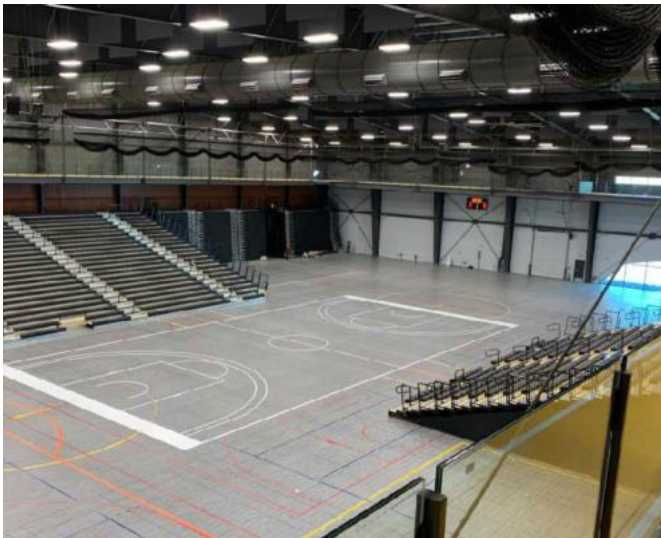


GENERAL INFORMATION

- Event is multiple days spanning Friday May 5th to Sunday May 7th:
 - May 5th will be dedicated to event Check in & Weigh ins.
 - May 6th and 7th are competition days.
- Check in & weigh in are **mandatory** to all competitors.
- No Check In and/or weigh in will result in a forfeit from any divisions registered and **NO** refund.
- Saturday: a late check in option will be available for Underbelt divisions **ONLY** from 08:00AM MST until 10:00AM MST.
- Events are scheduled to begin at 10:00AM MST, competitors **MUST** be on time.
- Weigh ins will be held at the venue location: Chief Jim Starlight Centre.
- Registration will be completed on Smoothcomp (minus your check in & weigh in).
- Ensure you have read **ALL** rules before registering.
- **Normal registration:** Open until April 22nd 12:00 AM MST. Costs per division are \$60 CAD for the first 3 divisions, after your 3rd division (4+) each division will cost only \$45 CAD.
- **Late registration:** April 22nd 12:00 AM MST to April 28th 12:00AM MST. Each division will cost \$85 CAD and no discount will be applied for any number of registered divisions.
- Last chance to register or edit for an event will be April 28th 12:00AM MST.
- If you do not register for your desired divisions before April 22nd, there will be a late fee applied to division costs.
- You may cancel your registration for a full refund until April 22nd at 12:00AM MST.
- **No registrations will be permitted at the event.**
- **Specific hotels have been reserved to accommodate attendees. See the information contained herein.**



VENUE



**CHIEF JIM
STARLIGHT CENTRE**
19 Bullhead Road
Tsuut'ina Nation, AB
T3T 0A6

HOTEL ACCOMMODATIONS

Carriage House Hotel and Conference Centre
9030 Macleod Trail South Calgary, AB T2H 0M4



Room Type	Rates
Single/Double Occupancy	\$129.00
Triple Occupancy	\$139.00
Quad Occupancy	\$149.00

Booking Instructions:

- Call: +1-403-253-1101 or toll free 1-800-661-9566
- Email: reservations@carriagehouse.net
- Booking Link:
<https://reservations.travelclick.com/73865?groupID=3784246>

*Reference WKU Kickboxing & Karate Canadian Nationals 2023
when booking hotel accommodations*

Reserve rooms prior to Tuesday, April 4, 2023



HOTEL ACCOMMODATIONS

Grey Eagle Resort and Casino
3779 Grey Eagle Drive Calgary. Alberta T3E 3X8



Room Type	Rates
Two Queens (Thurs.-Sat.)	\$169.00
Two Queens (Sunday)	\$149.00

Booking Instructions:

- Call: 1-844-719-8777 or 403-719-8777
- Email: reservations@greyeagle.ca
- Booking Link:
<https://bookings.travelclick.com/96177?groupID=3843216&hotelID=96177#/guestsandrooms>

*Reference WKU Kickboxing & Karate Canadian Nationals 2023
when booking hotel accommodations*

Reserve rooms prior to Tuesday, April 13, 2023



HOTEL ACCOMMODATIONS

Delta Hotels Calgary South

135 Southland Drive SE, Calgary, AB, T2J 5X5



Room Type	Rates
King Room	\$159.00
Two Queens	\$159.00
Family Room	\$199.00
Family Suite	\$199.00

Booking Instructions:

- Call: 403-225-5802
- Email: jcorsino@deltacalgarysouth.com
- Booking Link:
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1677083390271&key=GRP&app=resvlink>

*Reference WKU Kickboxing & Karate Canadian Nationals 2023
when booking hotel accommodations*

Reserve rooms prior to Tuesday, April 6, 2023



BASIC RULES

Rules for our event are nothing unique. Like all martial arts events, ensure you are respectful of all those around you including spectators, competitors, referees, volunteers, venue, etc. Everyone at the event has the responsibility to maintain a respectful environment. WKU officials also reserve the right to remove any persons from the event or disqualify an individual, including spectators and competitors, should they have performed any misconduct towards the aforementioned.

Misconduct can come in many forms but is not limited to the following:

- Verbal abuse or derogatory language directed towards an individual with malice intent.
- Verbal or physical threats that are intended to harm an individual beyond that of competition.
- Theft or vandalization of property owned, or rented by others or of the venue itself.
- Any form of substance abuse (Alcohol, Marijuana, etc.) at the event, or present whilst inebriated or under influence.

In short, please ensure you conduct yourself as though you are at your dojo and remember you are representing your dojo, instructors, and teammates.

Competitors must be aware of their division's rules for example; illegal techniques that would result in fouls, contact rules (Light, Full), all required and well maintained equipment. Failure to adhere to these rules will result in disqualification from the division.

All athletes must ensure they have read the rules for the divisions you wish to enter before registering. The WKU Rules on divisions will be adhered to even though not all divisions listed in the rules will be available at the competition.

A full download of WKU Rules can be found here:

<https://www.wkuworld.com/organisation/rules/rules-english/>

WKUWORLD / GCO
General Rules

Last updated: 07.12.2022

Download



SCHEDULE

The following is the WKU Canadian National Championships schedule (Note: some of these are subject to change and will be updated accordingly on the Smoothcomp website. All times listed are set for Mountain Standard Time):

FRIDAY	
05:00 PM	Event check in & weigh ins start
08:00 PM	Event check in & weigh ins end
SATURDAY	
08:00 AM	Optional check in for Underbelt start
10:00 AM	Optional check in for Underbelt end
10:00 AM	Divisions start
<p>The following discipline classifications will take place simultaneously in different rings)</p> <ul style="list-style-type: none"> • Underbelt Divisions (Canada Open) • 8-12 & 13-14 year old Point Fighting divisions • 8-12 & 13-14 year old Kumite divisions • 15-17, +18, +35 and +45 Full Contact divisions • 15-17, +18, +35, +45, and +55 Kick Light Low Kick divisions • 15-17, +18, +35, +45, and +55 Light Contact Continuous divisions • 5-17, +18, +35, +45, and +55 Forms divisions • 15-17, +18, +35, +45, and +55 Weapons divisions 	
SUNDAY	
10:00 AM	Divisions start
<p>The following discipline classifications will take place simultaneously in different rings)</p> <ul style="list-style-type: none"> • 8-12 & 13-14 year old Kick Light Low Kick divisions • 8-12 & 13-14 year old Light Contact Continuous divisions • 8-12 & 13-14 year old Forms divisions • 8-12 & 13-14 year old Weapons divisions • 15-17, +18, +35, +45, and +55 Point Fighting divisions Kick divisions • 5-17, +18, +35, +45, and +55 Kumite divisions • All Team Forms 	



DIVISIONS

The 2023 Canadian National Championships will be offering the following disciplines:

FORMS	
Hard Style Forms	Korean Style Forms
Traditional Kata Forms	Soft Style Forms
Free Style Forms	Musical Weapons
Forms Musical	Free Style Forms
Weapons No Music	Weapons Forms
Team Forms Karate	Veterans & Executive Forms
Traditional Team Forms	

SPARRING	
Point Sparring	Kumite
Light Contact Continuous Sparring	Kick Light Low Kick Sparring
Full Contact & K1 Ring Sport	Team Fights



UNDERBELT DIVISION

As an opportunity for up and coming martial artists to experience a National competition and compete alongside all the Team Canada qualifying athletes, the National Championships will include an Underbelt Category. This category is available for non-black belts aged 3 and up. This allows those athletes to achieve different goals, have a well-rounded martial arts experience and hopefully mold the next generation of amazing Team Canada athletes.

If participants are below black belt, they are welcome to participate in both the Team Canada qualifier that qualifies them for the World Championships and the Underbelt divisions to get more experience.

Underbelt divisions competitors will be separated by age and skill/belt only for both forms and sparring divisions (Males and Females will compete together).

For Underbelt divisions, rank and belt categories are defined as the following:

- Beginner: under 1 year experience / white of yellow belt
- Intermediate: 2-3 years experience / Orange or Green belt
- Advanced: 3-4 years experience / Blue, Purple, Brown belt



SPONSORSHIPS

\$75,000 Presenting Sponsor (1 available)

VIP Reception - 30	Email Communications Logo placement
VIP Ring Side Tickets - 10	Event Program - Full Page Ad
Tickets to Opening Ceremonies - 30	Digital & Social Media Post Mention
Event Tickets - 100	Signage
Logo on event tickets	Speaking Opportunity at VIP Reception
World Champion Training Session – 2-hour	Speaking Opportunity at Opening Ceremonies
Website logo placement	Hosting Opportunity

\$50,000 Black Belt Sponsor

VIP Reception - 25	Email Communications Logo placement
VIP Ring Side Tickets - 6	Event Program - Half Page Ad
Tickets to Opening Ceremonies - 25	Digital & Social Media Post Mention
Event Tickets - 75	Signage
Website logo placement	Speaking Opportunity at VIP Reception
World Champion Training Session – 1-hour	Hosting Opportunity

\$30,000 Brown Belt Sponsor

VIP Reception - 20	Email Communications Logo placement
VIP Ring Side Tickets - 2	Event Program - Half Page Ad
Tickets to Opening Ceremonies - 20	Digital & Social Media Post Mention
Event Tickets - 60	Signage
Website logo placement	Hosting Opportunity



SPONSORSHIPS

\$25,000 Red Belt Sponsor

VIP Reception - 15	Email Communications Logo placement
Tickets to Opening Ceremonies - 15	Event Program - Quarter Page Ad
Event Tickets - 50	Digital & Social Media Post Mention
Website logo placement	Signage

\$10,000 Blue Belt Sponsor

VIP Reception - 10	Event Program - Quarter Page Ad
Tickets to Opening Ceremonies - 10	Digital & Social Media Post Mention
Event Tickets - 25	Signage
Website logo placement	

\$5,000 Green Belt Sponsor

VIP Reception - 5	Website logo placement
Tickets to Opening Ceremonies - 5	Digital & Social Media Post Mention
Event Tickets - 15	Signage

Purchase of any Sponsorship level listed provides the sponsor the benefits as indicated for both the National Championships and World Championships competitions.

Contact: 5 Elements Martial Arts
maeghen@5elementscalgary.com, 403-201-8825

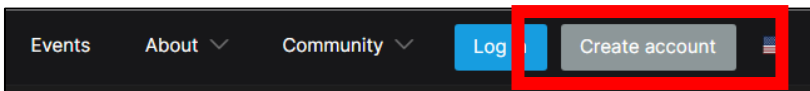


SMOOTHCOMP

The Smoothcomp website will be used for all registrations. The website can be accessed using the following link: <https://smoothcomp.com/en/event/10430>

Below are instructions for registration:

1. Click on “Create account” and complete all fields. Select green “Create Account” button when complete.

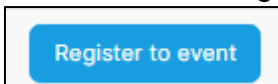


2. Select “Accept” on the terms and conditions.



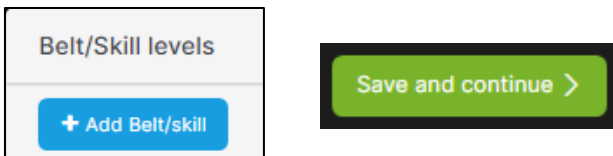
Note: Users will receive an email to confirm their email address.

3. Go back to event page and select “Register to Event” then select profile of individual to be registered.

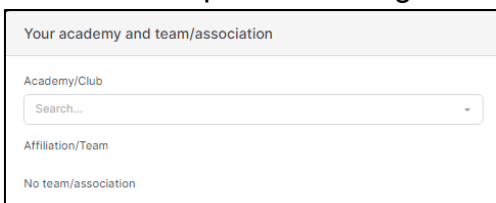


Note: Once the profile is selected, the User will be directed to the “User Details” portion of the registration. Users must complete all fields.

4. Select the belt and skill level for the profile and select “Save and Continue”



5. Review registration information then select Academy/Team association. Use the search dropdown or “Register New” if the academy name is not listed.

A screenshot of a form titled 'Your academy and team/association'. It contains a search dropdown menu for 'Academy/Club' with a 'Search...' placeholder. Below it is a section for 'Affiliation/Team' with a 'No team/association' option.

SMOOTHCOMP - continued

6. Select the entries for the competition by selecting “Add”

Entries	
By registering to WKU Canadian National Championships you agree to their Terms of Service .	
All Forms 60 CAD Select for all form divisions	Add
Point Fighting 60 CAD	Add
Continuous Fighting 60 CAD	Add
Kumite 60 CAD	Add
Kick Light Low Kick 60 CAD	Add
K1 60 CAD	Add
Full Contact Kickboxing 60 CAD	Add
Under Belts (Non WKU Qualifiers) 60 CAD All under black belts (no black belts) and kids under the age of 8 divisions. Note: these divisions are not qualifiers for the 2023 WKU World Championships in Calgary.	Add

Note: For all selections, users will need to include additional information such as discipline, age, gender, weight or belt/skill level.

7. Once all entries are selected and information included, select “Register”. User must also accept terms and conditions. Users may also add additional notes using the “Add note” function.

Add note

[Close](#) [Register](#)

Note: Users must click “Register” under each entry selected. Ensure all selected entries are present under the “Pending registrations” section.

7. Select “Continue to Payment” and complete payment.

[Continue to payment](#)

Note: If changes are required to entries selected, repeat Step 3.

THINGS TO DO

Calgary and its surrounding area is diverse in its history, culture, and natural beauty. We encourage all attendees to explore and experience what surrounds them during their stay.



<https://www.visitcalgary.com/>



<https://indigenoustourismalberta.ca/>



<https://www.explorecanmore.ca/>



<https://www.banfflakelouise.com/>