



WKU Canadian National Championship Qualifier & Open Colour Belt
Tournament

May 6th and 7th, 2022

Weigh-in & Registration: May 6th, 2022

Tournament: May 7th, 2022

Calgary, AB

Point, Light Contact, Low Kick, Weapons, Forms, K1, and Full Contact

Qualifiers for WKU Worlds in Wales 2022

5 Elements Martial Arts

13226 Macleod Trail SE, Calgary T2J 7E5

www.5elementscalgary.com | info@5elementscalgary.com | 403-201-8825

Weekend Schedule

Friday, May 6

4:00 – 7:00pm WKU and Colour Belt Weigh-in and Registration Check-in

Saturday, May 7

8:30 - 9:30am WKU and Colour Belt Weigh-in and Registration Check-in

9:30am Black Belt Meeting

	<u>Age (Years)</u>	<u>Division</u>
9:45am	3-5 years old	Divisions
10:30am	6-8 years old 9-10 years old	Colour Belt divisions (Point, Continuous, Forms) Muay Thai & Low Kick
11:30am	6-8 years old 9-10 years old 11-12 years old	Muay Thai & Low Kick Colour Belt divisions (Point, Continuous, Forms) Muay Thai & Low Kick
12:30pm	11-12 years old 13-15 years old <12 years old	Colour Belt divisions (Point, Continuous, Forms) Muay Thai & Low Kick WKU Divisions
1:30pm	13-15 years old 13-15 years old 16-17 years old	Colour Belt divisions (Point, Continuous, Forms) WKU Divisions Muay Thai & Low Kick
2:30pm	16-17 years old 16-17 years old Adult (18+) Adult (18+)	WKU Divisions Colour Belt divisions (Point, Continuous, Forms) Colour Belt divisions (Point, Continuous, Forms) Muay Thai & Low Kick
3:00pm	Adult (18+)	WKU Divisions

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Tournament Rules

Point Sparring (Light-Medium Contact)

Required Gear: Point sparring hand gear (10oz gloves are permissible), shin guards, foot gear, mouth guard, cup, headgear

- All kicks and punches above the waist. **No leg kicks allowed.**
- Points are awarded after being scored and the referee stops the exchange.
- Only controlled contact will be scored (no excessive contact allowed).
- No spinning backfist.
- No spinning blind back kicks (back kicks must be controlled, watching where strike lands).
- No elbows.
- No knees.

Continuous Kickboxing Sparring (Light-Medium Contact)

Required Gear: At least 10oz gloves, shin guards, foot gear, mouth guard, cup, headgear

- All kicks and punches above the waist – no leg kicks allowed.
- No spinning backfist.
- No spinning blind back kicks (back kicks must be controlled, watching where strike lands).
- No elbows.
- No knees.

Low Kick Kickboxing (Light-Medium Contact)

Required Gear: At least 10oz gloves, shin/instep guards (shin + foot gear), mouth guard, cup, headgear

- Leg kicks allowed.
- No spinning backfist.
- No spinning blind back kicks (back kicks must be controlled, watching where strike lands).
- No elbows.
- No knees.

Muay Thai (Light-Medium Contact)

Required Gear: At least 10oz gloves, shin/instep guards (shin + foot gear), mouth guard, cup, headgear

- Leg kicks allowed
- Knees allowed (can enter clinch and throw up to three light-contact knees)
- No knees to head
- No spinning backfist.
- No spinning blind back kicks (must be controlled and watching where strike lands).
- No elbows.
- Holding a leg with only one counter technique, after which the leg must be released.

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Tournament Rules

Illegal Techniques:

- The use of spinning backfist;
- Any form of throwing;
- All types of strikes with the elbows;
- All attacks (strikes, punches, kicks) against the joints;
- Attacks to the groin;
- All forms of biting or spitting;
- Unsportsmanlike conduct or disrespect towards the referee;
- All strikes, blows, and punches executed with the palm side of gloves;
- All kicks to the back and the back of the neck or head;
- Any form of butting with the head;
- Attacking a downed opponent or an opponent who touches the floor with their gloves;
- Attacking on the break or during a referee break;
- Spitting out one's mouth guard (gumshield);
- Holding the opponent's leg while executing multiple striking or punching techniques; and
- Fleeing the ring to avoid contact.

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Competitor Name: _____

WKU Canada Nationals Qualifier May 6-7, 2022 Registration Form

Name _____

Address _____

Phone _____

E-Mail _____

Age _____

Belt Rank _____ Sex _____

Club _____

I agree to assume full responsibility for any and all damages, injuries, or loss that I may sustain or incur, if any, while attending or participating. I hereby waive all claims against the promoters, operators, hosts, or sponsors of this event for any claims for injuries I may sustain.

I fully understand that any medical treatment given to me will be First Aid treatment.

This registration form is signed and dated on the _____ of _____, _____.
day *month* *year*

Competitor Name

Competitor Signature

Parent/Guardian Name

Parent/Guardian Signature

	Individual Registration Costs		Team Registration Costs (3 members/team/division)	
	First Division	Additional Division(s), per division	First Division	Additional Division(s), per division
Early Entry Fee (by April 26)	\$45.00	\$15.00	\$25.00/person	\$25.00/person
Entry Fee	\$65.00	\$20.00	\$35.00/person	\$35.00/person

Registration after April 26 based on space available and is not guaranteed.
Note that there is a \$5 Spectator fee payable on the day of the event.

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RULES AND GUIDELINES

All competitors and coaches must be aware of the WKU World rules in all forms of competition, prior to the National Qualifier’s beginning. A copy of the rules can be found at <https://www.wkuworld.com/organisation/rules/>.

Rules must be understood. Competitors who do not abide by the rules as set for by WKU World will be disqualified and asked to leave with **no refund**.

A summary of key points is below. Note that this is only intended to highlight important information and is not all of the rules.

- Promoters will use judgment and discretion on best practices for organizing division and categories.
- No division changes will be allowed on the date of the tournament.
- No abusive behaviour will be tolerated. All competitors must possess self-control and self-discipline when participating in the tournament.
- Referees and Judges will be treated with respect. Only the coach of the team can protest if the rules have been incorrectly executed. Protests will be taken to the Head Referee, and must state the reason for the protest (along with supporting evidence).
- Proper equipment is necessary. Competitors with broken equipment, taped equipment, or missing equipment will be asked to replace their equipment or will be asked to leave. Face shields will not be allowed.
- Respect for the facility, equipment and tournament facility must be understood by all competitors, coaches, and spectators. Any form of disrespect will lead to the individual being asked to leave the facility.

I, _____ (print first and last name), hereby agree that I have read and understand the rules and guidelines listed above. I also understand that any breaking of the rules as set out on the WKU World website will result in removal from facility or disqualification.

Competitor’s Signature _____

Parent/Guardian Signature _____

Date _____

DIVISION SELECTION AND REGISTRATION

If you are intending to compete at the World Championship (planned to take place in October), you **must** qualify in the weight division you will weigh-in at in October. *This is particularly important for children!* If you weigh in at the World Championship at a higher weight division than at the National Qualifier, we **cannot** guarantee that there will be a spot open in that division. If you are uncertain if the weight can be maintained, you must qualify in the higher weight division to guarantee your place.

Competitor's Signature

	Point Fighting	<i>Rank</i>	<i>Weight</i>	
	Continuous Kickboxing Sparring	<i>Rank</i>	<i>Weight</i>	
	Kumite	<i>Rank</i>	<i>Weight</i>	
	Light Contact K1 Rules	<i>Rank</i>	<i>Weight</i>	

(note: age 15+ years K1 qualifier. Full contact at World Championships.)

	Low Kick Kickboxing	<i>Rank</i>	<i>Weight</i>	
	Hard Style Forms	<i>Rank</i>		
	Traditional Forms	<i>Rank</i>		
	Soft Style Forms	<i>Rank</i>		
	Team Forms	<i>Rank</i>		
	Traditional Weapons	<i>Rank</i>		
	Musical Weapons	<i>Rank</i>		
	Creative Weapons	<i>Rank</i>		

Competitor Name: _____

Colour Belt Tournament May 6-7, 2022 Registration Form

Name _____

Address _____

Phone _____

E-Mail _____

Age _____

Belt Rank _____ Sex _____

Club _____

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Competitor's Signature

<input type="checkbox"/>	Point Fighting	<i>Rank</i>	_____	<i>Weight</i>	_____
<input type="checkbox"/>	Continuous Kickboxing Sparring	<i>Rank</i>	_____	<i>Weight</i>	_____
<input type="checkbox"/>	Forms	<i>Rank</i>	_____	<i>Weight</i>	_____
<input type="checkbox"/>	Low Kick Kickboxing	<i>Rank</i>	_____	<i>Weight</i>	_____
<input type="checkbox"/>	Modified Muay Thai	<i>Rank</i>	_____	<i>Weight</i>	_____
<input type="checkbox"/>	Weapons	<i>Rank</i>	_____		
<input type="checkbox"/>	Team Kata	<i>Rank</i>	_____		
<input type="checkbox"/>	Team Fighting	<i>Rank</i>	_____	<i>Weight</i>	_____

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